

Travelling to Barrow

BY CAR

From The M6
Leave the Motorway at junction 36, then follow the A590 all the way to Barrow.

From The Lakes

Take the A592 from Bowness along the Eastern shore of Lake Windermere. Join the A590 which takes you straight to Barrow.

BY TRAIN

The Furness Line, north from Lancashire or South from Carlisle is one of the UK's most attractive and scenic journeys - an experience itself. There is a direct service to Barrow from Manchester Airport.

For details of times and connections telephone National Rail Enquiries on 08457 484950.

BY COACH OR BUS

Stagecoach in Cumbria operate a comprehensive bus service inbetween towns and through the Lakes. There is a National Express Coach connection for Barrow.

For details of journeys contact travel line on 0870 6082608.

SAT NAV REFERENCES:

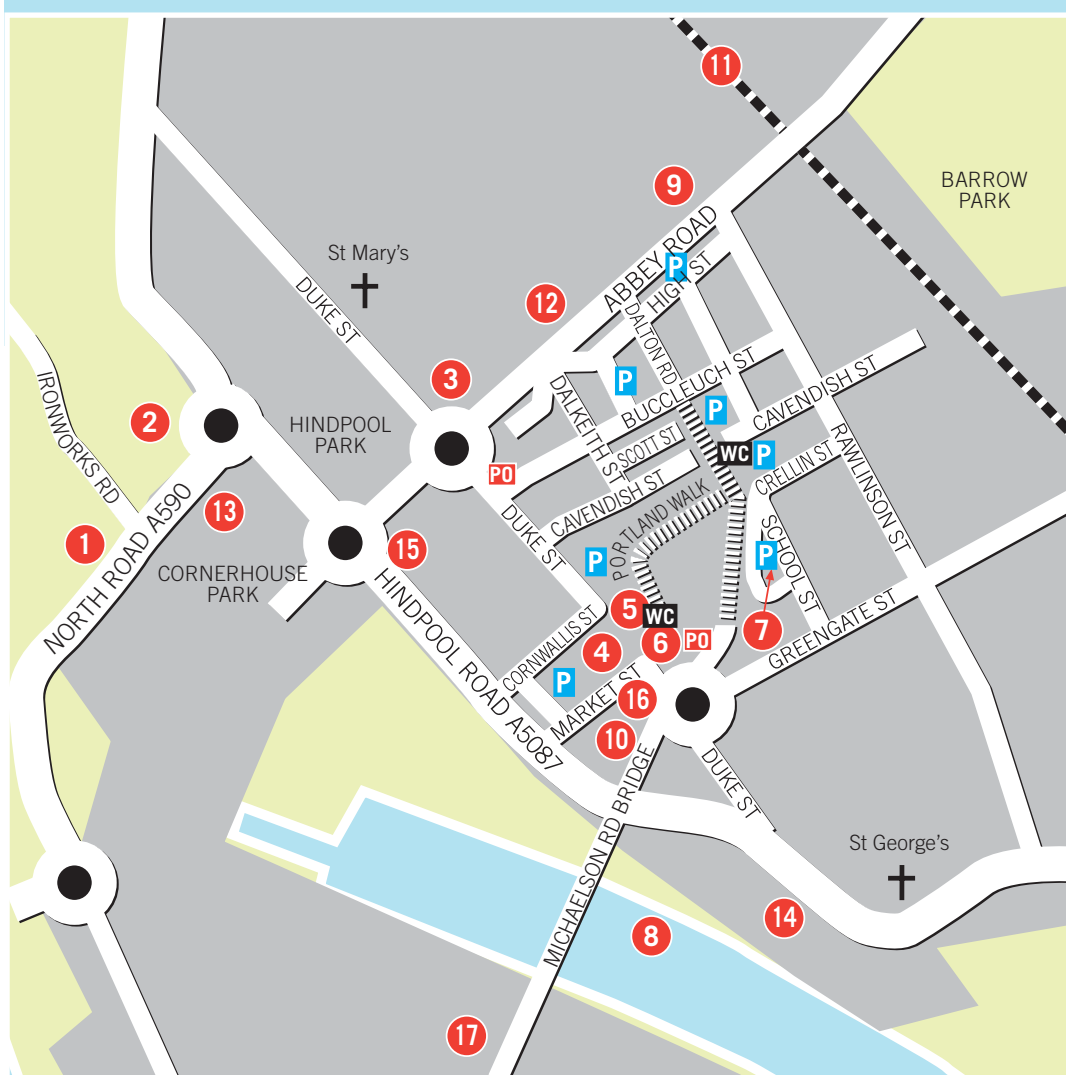
- Princess Selandia - LA14 2HF
- South Lakes Wild Animal Park - LA15 8JR
- Furness Owl Centre - LA14 4QT
- Dock Museum - LA14 2PW
- Tourist information Centre - LA14 1HH
- Lazerzone - LA14 5JF
- Hollywood Park - LA14 1YE
- Furness Abbey - LA13 0PJ
- Markets - LA14 1HU

Car Parking

- Market St - LA14 2LF
- Portland Walk - LA14 1HX
- School/Oldham St - LA14 1JS
- Hall St - LA14 1DR
- Fell St - LA14 1DD
- High St - LA14 1SW
- Whittaker St - LA14 1QN

KEY TO TOWN CENTRE MAP

- | | |
|---|---|
| P Car Parking | 5 Tourist Information Centre |
| WC Toilets | 6 Markets |
| PO Post Offices | 7 Shopmobility |
| + Churches | 8 Princess Selandia |
| 1 Dock Museum | 9 Emlyn Hughes House |
| 2 Hollywood Park | 10 Craven House |
| 2 Apollo Cinema | 11 Railway Station |
| 2 Superbowl | 12 Nan Tait Centre |
| 3 Library | 13 Tesco |
| 4 Town Hall | 14 Morrisons |
| 5 Forum 28 Theatre & Arts Centre | 15 Custom House/Lazerzone/Playzone |
| | 16 Police Station |
| | 17 The Canteen Media & Arts Centre |

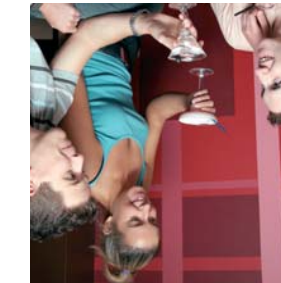


Barrow Tourist Information Centre
Forum twenty eight, Duke Street, Barrow-in-Furness
Tel: 01229 876505
Email: touristinfo@barrowbc.gov.uk

- Services provided include:
- Souvenirs/unusual gifts
 - Accommodation booking service (national & local)
 - National Express agent
 - Free information on Cumbrian attractions and events
 - 24 hour Tourist Information Point



www.barrowtourism.co.uk



From trendy waterside to cosmopolitan town centre, from varied eateries to lively bars and clubs, Barrow is widely regarded as having the best nightlife in the county, not to mention some of the most exciting shopping where leading high street names mingle with specialty shops.

Shopping & Nightlife

Barrow town - high street brands and specialty shopping.

Barrow Market - undercover traditional market. Open Monday, Wednesday, Friday and Saturday.

Holywood Park, Hindpool and Corner House retail parks offer easy parking and big name shopping.

Dalton-in-Furness - This Medieval Market town is popular for its pubs, dining and small shops.

Colony Gift Corporation - factory shop, restaurant and visitor centre.

Cafes and Restaurants - Barrow has an eclectic mix of stylish modern and traditional places to eat.

Pubs - Barrow is rich in the character of its public houses, which range from lively fun pubs to more traditional establishments.

The Custom House - stylish eatery, bar, childrens play area and venue for Lazerzone. Tel: 01229 823823

The Blue Lagoon is Barrow's latest state of the art floating nightclub on board the Princess Selandia, which adds further to the town's reputation for having lively and diverse night life.

Tel: 01229 835449



The Dock Museum - a spectacular modern museum depicting Barrow's maritime, industrial and social heritage with children's playground. Free Admission. Tel: 01229 876400 (Closed Mondays) except Bank Holidays.

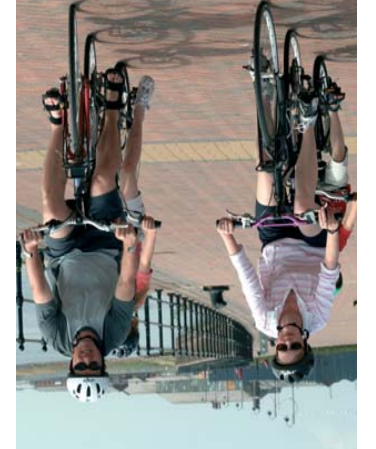
Forum 28 - Barrow's main Theatre and Arts venue. We have a lively and varied programme of music, dance, comedy and drama events, staged by touring and local companies. Tel: 01229 820000.

The Canteen - Media & Arts Centre the alternative venue. Tel: 01229 822113.



Beaches at Roanhead and Walney Island where you can fly your kite, roam the dunes, play on the beach, run or relax.

Sail or Windsurf in the Walney Channel and the coast of Roanhead Island.



Blessed with wide sandy beaches and dunes, you can relax, stroll, run, bathe, picnic or experience some of the best conditions around for wind and water activities.

Play one (or all) of Barrow's three golf courses, go horse riding, 'walking start' experience. But you'll find Barrow's 'great indoors', just as thrilling. Let off steam in Lazerzone, go bowling, take in a 'blockbuster' at the multiplex, enjoy an evening at the theatre and work it all out at the health club.

Active Leisure

Barrow

a	Abbey House Hotel	Abbey Road	01229 838282
b	Ambrose Hotel	Duke Street	01229 830990
c	Barrie House	Abbey Road	01229 825507
d	Chetwynde Hotel	Abbey Road	01229 811011
e	Clarkes Hotel	Rampside	01229 820303
f	Duke of Edinburgh*	Abbey Road	01229 821039
g	East Mount House	Abbey Road	01229 871003
h	Fairway Hotel	Hawthwaite Lane	01229 461200
i	Glen Garth	Abbey Road	01229 825374
j	Greenbank	Abbey Road	01229 837803
k	Infield Hotel	Abbey Road	01229 831381
l	King Alfred Hotel	Ocean Road	01229 474717
m	Lisdoonie Hotel	Abbey Road	01229 827312
n	Michaelson House	Fairfield Lane	01229 820904
o	Ormsill Inn*	Park Road	01229 828307
p	Travelodge	Walney Road	08700 850950

Askam & Dalton

q	Askam Hotel	Victoria St, Askam	01229 466161
r	Chequers Hotel	Abbey Road	01229 462124
s	Clarence House	Skelgate	01229 462508
t	Park Cottage	Park, Dalton	01229 462850

Self Catering

u	Duddon View	Askam	01229 465565
v	Stable Cottage	Glenfield House	01229 826969

Caravan Parks

w	South End CP	Walney Island	01229 472823
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* Awaiting inspection

DISCOVER englandsnorthwest

Whilst every care is taken to ensure that information contained on this publication is accurate, Barrow Borough Council, nor its agents, cannot accept responsibility in respect of any error, omission or misrepresentation which may have occurred.

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Furness owls - see a variety of owls as well as regular displays from specially trained owl/bird of prey.

Wacky Warhouse - indoor play area and family restaurant.

Tel: 01229 824334

Playzone - indoor play area and stylish eatery.

Tel: 01229 823823

Golf enthusiasts can play on Barrow's 3 excellent courses.

Tel: 01229 470303

Kitesurfing experience an adrenalin rush with North West Kitesurfing.

Barrow Park, a 45 acre Edwardian jewel with landscaped grounds, pavilion, bandstand, ornamental flower beds, display conservatory, bowling, putting, boating, miniature railway and play areas.

Beaches at Roanhead and Walney Island for picnics, play and walks.

Tel: 01229 871146

The Park Leisure Centre with funne, wave pool, sports facilities and gym.

Tel: 0870 444342

Apollo Multiplex Cinema, Showing Barrow Tourist Information Centre.

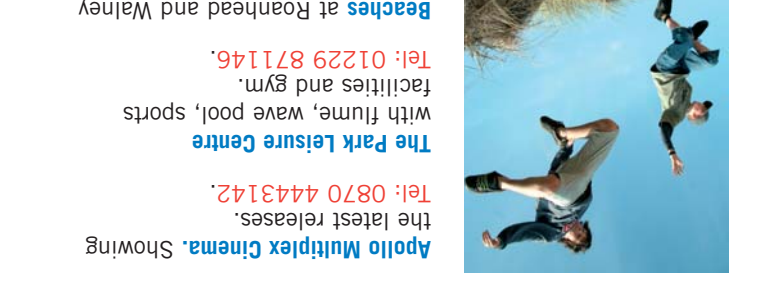
Tel: 01229 894784

Superbowl! - American style ten pin bowling. Tel: 01229 820444.

Lazerzone - laser combat games. Tel: 01229 823823.

Cycle along Barrow's traffic-free dockside promenade, peddle part of the Cumbrian Cycle Way or part of the new Walney to Wear cycle route. Maps from Barrow Tourist Information Centre.

South Lakes Wild Animal Park - an active conservation park with worldwide partnerships to save animals and their habitats, Dalton. Tel: 01229 466086.



Families love visiting Barrow and get so much out of time spent here. The award winning South Lakes Wild Animal Park always turns heads as you drive past and offers an unsurpassed 'walking start' experience. But you'll find Barrow's 'great indoors', just as thrilling. Let off steam in Lazerzone, go bowling, take in a 'blockbuster' at the multiplex, enjoy an evening at the theatre and work it all out at the health club.

Family Fun



Barrow in Furness
where the lakes meet the sea

FEATURING FREE MAP

www.barrowtourism.co.uk